NECA-IBEW LOCAL NO. 364 HEALTH & WELFARE FUND

ELECTION TO CHANGE TO MINIMUM COVERAGE SELF-PAYMENT PROGRAM

elect to switch from the current coverage offered by the Plan through my COBRA self-payments to the "Minimum Coverage" self-payment program. I understand that this is a one-time only opportunity to switch to the Minimum Coverage plan and I will not be permitted to switch back to the full coverage offered through the Plan until such time as I reestablish eligibility by way of employer contributions as described in the Summary Plan Description (120 hours in a one month period eligible the first day of the month following the one month bookkeeping period). I also understand that the maximum monthly payments allowed under the Plan (COBRA and the Minimum Coverage <i>combined</i>) is thirty-six.			
		The benefits <i>included</i> under the Minimum Coverage Plan and life threatening illnesses, medically necessary hospital and laboratory services.	l in-patient care, and medical necessary diagnostic, x-ray
		I further understand that the benefits available under the M	inimum Coverage Plan <i>ao not</i> include the following:
Prescriptions	Pre-Post Natal Visits		
Office call coverage	Physical Examinations		
Disability Benefits	Well Child Care		
Death Benefits	Immunizations		
Accidental Death and Dismemberment Benefits	Physical Therapy		
Allergy Services	Speech Therapy		
Chiropractic Care	Durable Medical Equipment		
Out Patient Mental and Nervous Treatment	Dental Benefits		
Out Patient Substance Abuse Treatment	Vision Benefits		
Hear Care Benefits	Visiting Nurse Benefits		
Medical Supplies and Dressings	Pregnancy Benefits		
<i>The above list is not all-inclusive</i> . These are simply eunder the Minimum Coverage program.	examples of some of the services that are not covered		
Participant's Signature	Member ID or SS#		
Participant's Spouse Signature	Date		

Telephone Number (including area code)